**Phoenix Family Care Patient Newsletter**

**Autumn 2017 Edition**

**October is Breast Cancer Awareness Month**

In the UK over 60,000 people each year, or one in eight women are diagnosed with Breast Cancer at some time in their life.

The likelihood of breast cancer increases with age, the National Breast Screening Programme invites all women aged between 50 and 70 years for screening every 3 years. Breast screening is carried out at special clinics or mobile breast screening units. The procedure is carried out by female members of staff who take mammograms. The practice can offer advice and information about self-examination and the national breast screening service. If you would like more information just ask your doctor or nurse the next time you attend the surgery. More information can be found at: <http://www.nhs.uk/conditions/breast-cancer-screening/pages/introduction.aspx>

**FLU VACCINATION CAMPAIGN 2017**

Dates have been arranged for the flu clinics at **Phoenix Family Care** this year:

Please ask at reception or check the practice website at: <http://www.phoenixfamilycare.nhs.uk/>

Following these clinics the practice will be making arrangements to visit all care homes, patients who are housebound for people who are unable to attend otherwise.

Free Flu vaccination is available to any patient aged over 65 or with a long term condition and children aged 2 and 3 years old.

There will be representatives of the PatientParticipation Group (PPG) at each clinic to support practice staff and meet with patients to explain a little more about the PGG. If you are eligible come along and have your flu vaccine and meet with your PPG. representatives.

**Patient Feedback**

Feedback is important to the practice team in helping the practice develop new services for our patients and your experiences of current services. We seek your feedback in a number of ways. There is a **Patient Reference Group** that meet regularly with the practice team to discuss feedback and patient experiences. If you would like to join the group please let our staff know and we will contact you.

There is the **Friends and Family Test** where you can fill out a card in the practice.

**NHS Choices** also provides an online feedback system where reviews can be posted for the practice and public to consider. This can be found at: <http://www.nhs.uk/Services/GP/Overview/DefaultView.aspx?id=42867>

**Practice website: www.phoenixfamilycare.nhs.uk**